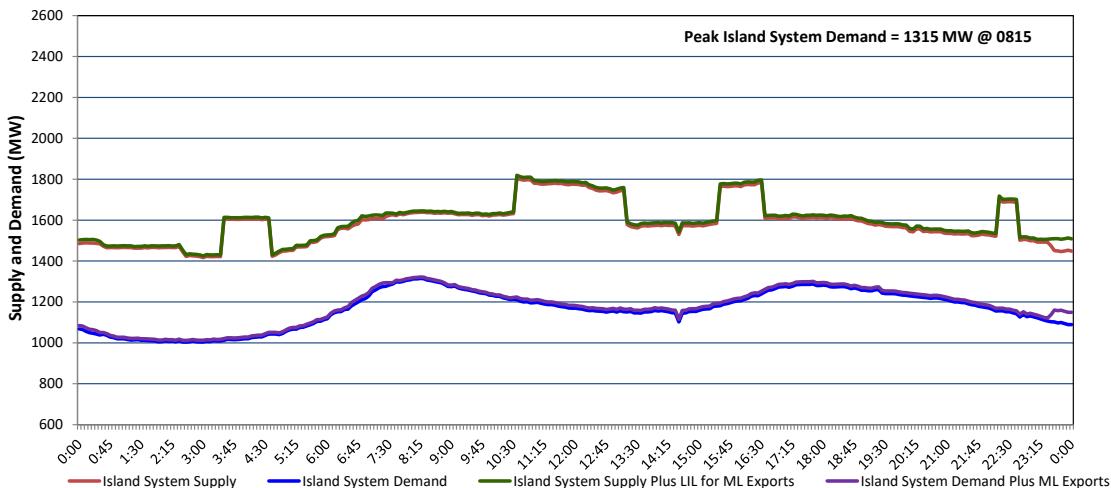


Newfoundland Labrador Hydro (NLH)
Supply and Demand Status Report Filed Monday, January 26, 2026

Section 1
Island Interconnected System - Supply, Demand & Exports
Actual 24 Hour System Performance For Friday, January 23, 2026



Island Supply Notes For January 23, 2026

- A As of 0800 hours, March 30, 2025, Holyrood Unit 3 unavailable due to planned outage 130 MW (150 MW).
- B As of 1425 hours, December 22, 2025, St. Anthony Diesel Plant available at 7.7 MW due to forced derating (9.7 MW).
- C As of 1309 hours, January 21, 2026, Bay d'Espoir Unit 5 unavailable due to forced derating (76.5 MW).
- D As of 1557 hours, January 21, 2026, Bay d'Espoir Unit 6 unavailable due to forced derating 20 MW (76.5 MW).
- E As of 1724 hours, January 21, 2026, Bay d'Espoir Unit 2 unavailable due to forced derating 20 MW (76.5 MW).
- F As of 1724 hours, January 21, 2026, Bay d'Espoir Unit 3 unavailable due to forced derating 20 MW (76.5 MW).
- G As of 1724 hours, January 21, 2026, Bay d'Espoir Unit 4 unavailable due to forced derating 20 MW (76.5 MW).
- H As of 0531 hours, January 22, 2026, Bay d'Espoir Unit 1 unavailable due to forced derating 20 MW (76.5 MW).
- I As of 0735 hours, January 22, 2026, Bay d'Espoir Unit 7 unavailable due to forced derating 50 MW (154.4 MW).
- J At 0339 hours, January 23, 2025, Holyrood Unit 2 available (170 MW).
- K At 0440 hours, January 23, 2025, Holyrood Unit 2 unavailable due to forced outage (170 MW).
- L At 0742 hours, January 23, 2025, Holyrood Unit 1 available at 130 MW due to forced derating (170 MW).
- M At 1033 hours, January 23, 2025, Holyrood Unit 2 available (170 MW).
- N At 1313 hours, January 23, 2025, Holyrood Unit 2 unavailable due to forced outage (170 MW).
- O At 1525 hours, January 23, 2025, Holyrood Unit 2 available (170 MW).
- P At 1633 hours, January 23, 2025, Holyrood Unit 2 unavailable due to forced outage (170 MW).
- Q At 2213 hours, January 23, 2025, Holyrood Unit 2 available (170 MW).
- R At 2245 hours, January 23, 2025, Holyrood Unit 2 unavailable due to forced outage (170 MW).

Section 2
Island Interconnected System - Supply, Demand & Outlook

Sat, Jan 24, 2026	Island System Outlook ²	Seven-Day Forecast	Island System Daily Peak Demand (MW)	
			Forecast ⁸	Adjusted ⁶
Island System Supply: ⁴	1,643 MW	Saturday, January 24, 2026	1,525	1,427
NLH Island Generation: ^{5,7}	715 MW	Sunday, January 25, 2026	1,640	1,541
NLH Island Power Purchases: ⁵	130 MW	Monday, January 26, 2026	1,705	1,605
NP and CBPP Owned Generation:	215 MW	Tuesday, January 27, 2026	1,520	1,422
LIL/ML Net Imports to Island: ⁹	583 MW	Wednesday, January 28, 2026	1,535	1,437
7-Day Island Peak Demand Forecast:	1,705 MW	Thursday, January 29, 2026	1,450	1,353
		Friday, January 30, 2026	1,365	1,269

Island Supply Notes For January 24, 2026

Notes:

1. Generation outages for running and corrective maintenance are included. These are not unusual for power system operations. They generally do not impact customer supply. Hydro schedules outages to system equipment whenever possible to coincide with periods when customer demands are low and sufficient supply reserves are available. However, from time to time equipment outages are necessary and reserves may be impacted.
2. As of 0800 Hours.
3. Gross continuous unit output.
4. Gross output from all Island sources (including Note 3).
5. NLH Island Power Purchases include: ML Imports, Exploits Generation, Rattle Brook, Star Lake, Wind Generation and capacity assistance (when applicable).
6. Adjusted for interruptible load and the impact of voltage reduction when applicable.
7. Due to limitations inherent in the design of combustion turbines, the output of combustion turbines may be reduced in the event that ambient temperatures exceed the threshold required for full rated output. This threshold is dependent on the design of each turbine.
8. Does not include ML Exports.
9. LIL Import sunk in the Island System. Actual LIL flows will be restricted by various system conditions including, but not limited to, Island Load, ML Exports and Avalon Unit status.

Section 3
Island Peak Demand and Exports Information
Previous Day Actual Peak and Current Day Forecast Peak

Fri, Jan 23, 2026	Island Peak Demand ¹⁰	8:15	1,315 MW
	Exports at Peak		7 MW
	LIL Net Imports to Island		12,688 MWh
Sat, Jan 24, 2026	Forecast Island Peak Demand		1,525 MW

Notes:

10. Island Demand is supplied by NLH generation and purchases, LIL Imports plus generation owned and operated by Newfoundland Power and Corner Brook Pulp & Paper (Deer Lake Power, DLP).